

UK Sausage Week Recipe



Sausage and Bean Goulash

Ingredients

- Potts' Sauce for Goulash
- 400g good Sausages such as Toulouse, Cumberland or Lincolnshire
- 400g can Flageolet Beans
- 400g can Cannellini Beans
- Olive Oil
- Soured Cream

Recipe provided by Potts Partnership.



Method:

- 1. Cut sausages into quarters.
- 2. Heat oil in a large casserole dish and cook sausages until they are browned all over.

- 3. Add Potts' Sauce for Goulash and add approximately 200ml water.
- 4. Drain the beans and add to casserole.
- 5. Bring to boil and cook for about 20 minutes.
- 6. Check sausages are cooked through and serve with mash, rice or just crusty bread, adding a dollop of soured cream to each dish as you serve it.

Alternatively you can quickly prepare this family bake and pop it in the oven:

- 1. Heat oil in a large casserole and cook sausages until they are browned all over.
- 2. Add the drained beans, Potts Sauce for Goulash and an extra pouch of water.
- 3. Cover and stick in an oven pre-heated to 180C for approx 45 minutes, check sausages are cooked through.